

+ person

intuition + impact + inner work + new work + growth

+ slogan:

keep yourself growing and grow your organisation - move the world

born 1978, married, daughter Liva & son Leo,
marathon runner (<3:30) shaolin kung fu student

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Go digital: all plattformen
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+experience & training & education

short cv: maybe helpful

seit 2014	Coaching, Training & Organizational development
seit 2018	Bucklige Welt Consulting (regional project)
2006 -- 2017	CEO logistic service - beverage industry
2005 -- 2006	Finance, IT / ERP, HR. Training/Project Management - LP Gas
2001 -- 2005	Expat in California, multiple leadership roles in Controlling & Finance, Implementing ERP, SCM, Lean Management, Project Lead - Change Process Supplier Excellence Alliance
1998 -- 2001	Finance und Controlling *****Hotel Business

- + Certified Business Coach (INCITE)
- + Kutschera-Resonanz® Trainer for PD , System-Coach
- + Kutschera-Resonanz® Health-Coach
- + Provokative System Work (Noni Höfner)
- + Re-teaming Coach
- + Psychologischer Counselor (LSB)
- + Appearance and rethoric certificate
- + Master of Science in Executive Management
- + Quality Management, Lean Management Certificate
- + Certificate in Business Administration & Leadership, CA
- + Controlling Diploma

+ focus

- + coaching team growth
- + coaching individuals 1:-1
- + coaching skills education for individuals & teams
- + mastering your new role or multiple roles
- + creating your individual & authentic leadership style
- + growth mindset (resolving old patterns – creating new ones)
- + solving blocks – using your creativity
- + tools for the daily business – mental training for leads

+ add on special

- + new work walks (team and new leaders) → www.newworkwalk.com
- + changing perspectives while walking
- + coaching outdoor
- + coaching while running, your track - my coaching

+ references

- + coaching executives & team leads (AAiA, Female Founders Pool, Storebox)
- + organizational development (Sport2000)
- + teaming & team development (Storebox, EDDI).
- + systemic organizational constellations (non-disclosed, on demand)
- + professional athletes

+ a picture says more than words

